



## **The Energy and Health of all Living Creatures Depend Not Only on the Food they eat but also on the Emotions they Feel**

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### **Abstract**

*First, this article explains the experimentally observed fact that the energy-rich ATP molecules (whose energy is stored in the mitochondria of the living cells) have peptides that catalyze the synthesis, which spin only clockwise. According to nonlinear physics, vortices spin clockwise and suck energy. If so, the proteins (that catalyze the synthesis of the energy-rich ATP-molecules) must spin clockwise to suck energy. However, there must be reservoir of energy, from which the clockwise spinning peptides suck energy. Such reservoir of energy is the Space Matrix, from which the Universe was created; my life-long research found it to be nonlinear electromagnetic field (NEMF). Since nonlinear fields do not dissipate and can imprint information, the Creator created a sphere (Space Matrix) of this non-dissipating NEMF, then imprinted on it the holographic image of the Universe to be, and the Universe was created. Second, at macro-level positive emotions were experimentally found to make the whole aura to spin clockwise and suck energy from the Space Matrix NEMF, which energizes the whole body. This means that our body energy comes not only from the food we assimilate. It also comes from: 1/ experimentally found clockwise spinning proteins, which suck energy in from the Space Matrix NEMF to energize the synthesis of energy rich ATP molecules, and 2/ experimentally found clockwise spinning aura at positive emotions, which sucks energy from the Space Matrix NEMF. The sucked energy at positive emotions (or just positive thinking) uplifts the body, is perceived as happiness, and brings good health.*

**Key Words:** *energy stored in cells; mitochondria store the cells energy; ATP-molecules store the energy; proteins spinning clockwise provide the ATP energy; positive emotions energize the body through clockwise spinning of its aura.*

### **Introduction**

At the March 2022 meeting of the APS (American Physical Society), there was a whole section “Molecular Machines”. I found most fascinating the report of Dr. Shoichie Toyabe et al. of Tohoku University in Japan [1]. It was about the molecular dynamics of ATP synthesis – the energy molecule of every living cell, whose energy is stored in the mitochondria of the cell. They found that the protein that catalyzes the synthesis of ATP always spin in direction clockwise to 120 degrees.

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Dr. Shoichie Toyabe and his team found that the protein that catalyzed the ATP synthesis always span clockwise – it was not allowed to reverse its spinning. They called it “rectification” in analogy with electric circuits, where rectifiers allowed the currents to run only in one direction. The authors did not explain why the proteins synthesizing ATP-molecules should always spin clockwise. Since I work nonlinear physics, I can easily explain the ATP energizing with the fact that since vortices spin clockwise and suck energy, only proteins spinning clockwise would energize, but obviously the Japanese authors were not aquentant with nonlinear physics dealing with vortices and anti-vortices.

### **Nonlinear Physics Best Describes Dynamics**

Nonlinear physics teaches that all nonlinear fields exhibit turbulence manifested with a chain of alternating vortices spinning clockwise and sucking energy in and anti-vortices spinning counterclockwise and emitting energy out. Since the proteins that synthesize ATP molecules must generate energy, they must spin clockwise to suck energy in. However, for this to happen reservoir of energy must be available, from which the clockwise-spinning proteins catalyzing the ATP synthesis can suck energy in. What kind of energy is this? For more than 30 years, I studied the bioenergy field (seen as aura around all living beings), and I found it to be weak nonlinear electromagnetic field (NEMF).

However, I found that this weak field ruled and regulated everything in the living beings not with its strength, but with the information it carried [3]. The Russian scientist Shkatov patented an instrument “torsemeter”, which allowed him to measure the spinning of the aura (biofield) [2]. He found that at positive emotions the aura spins clockwise. Since nonlinear physics teaches that vortices spin clockwise and suck energy in, this explains the energy uplift we feel when experiencing positive emotions – we call it “feeling in high Spirit”.

### **Our Energy Comes Not Only from Food. It Also Comes from Positive Emotions, which Make our Biofield NEMF (Seen as Aura), to Spin Clockwise and Suck NEMF Energy from the Space Matrix NEMF**

But to “feel in high Spirit” or to feel energy uplift when we experience positive emotions, the clockwise spinning aura NEMF must suck NEMF energy from somewhere. For this to happen a reservoir of NEMF energy must be available [3]. From this NEMF reservoir of energy, our Sun when spinning clockwise sucks NEMF energy to become active, which makes its corona to be the hottest (millions of degrees Kelvin), while its surface is thousands of degrees Kelvin [3].

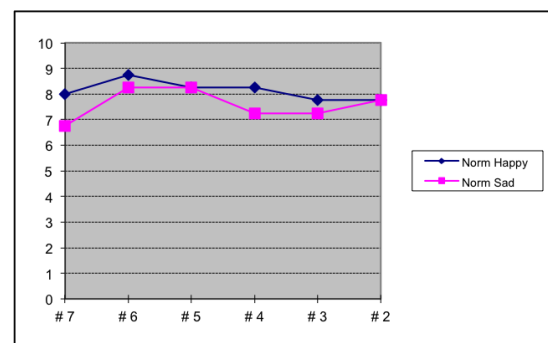
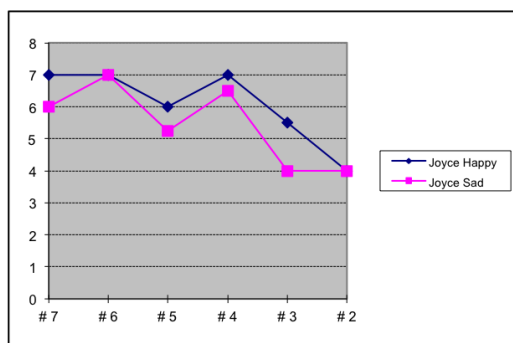
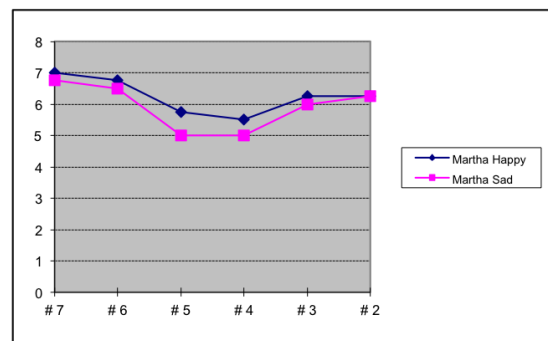
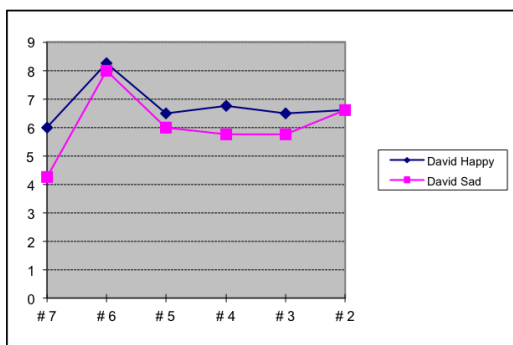
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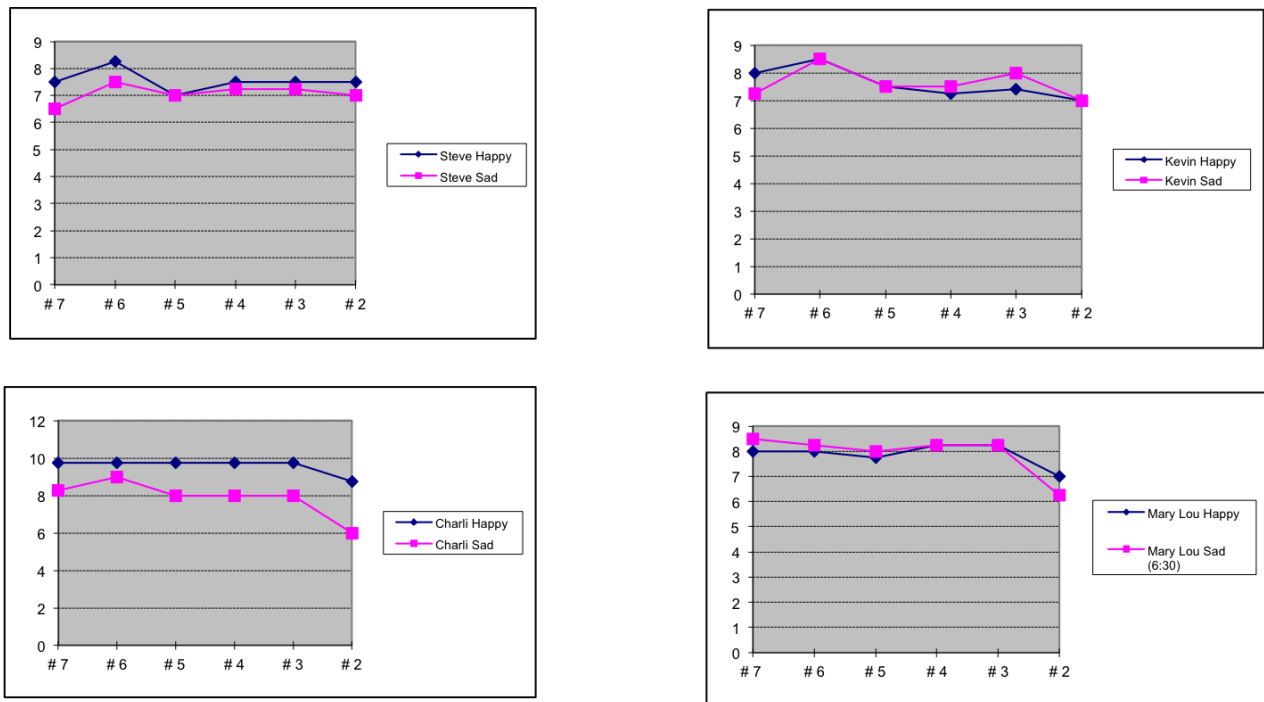
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I call this reservoir of NEMF energy “Space Matrix” because this is the primary substance from which everything material was created [3]. NEMF has all the characteristics necessary to be a Space Matrix: 1/ being nonlinear field, it does not dissipate, and 2/ being nonlinear field, it can imprint information. The Creator first created this sphere of non-dissipating NEMF matrix, then He imprinted on it the tri-dimensional holographic image of the Universe to be, and the Universe was created [3].

**Positive Emotions (or Just Positive Thinking) Bring More Energy and Better Health**

Our biofield (seen as aura) is very weak - it is 1,000 times weaker than the field created by the biocurrents of the material body. I had to develop and patent very sensitive equipment to be able to measure it. Below are the results of these measurements, which show that not only positive emotions, just positive thinking is enough to increase our energy and make it more balanced. Since perfect balance means perfect health, positive emotions (or just positive thinking) makes us healthier.





**Fig. 1** The body energy balance at positive thinking (upper curves) and at negative thinking (the lower curves)

The measurements show that negative emotions (emotional distress) decrease the body energy and make it more unbalanced because the energy of the genetically inherited organ drops in energy maximum. This means that each negative emotion (or just negative thinking) brings us a step further to a disease of the genetically inherited weak organ. This agrees fully with the finding of Selye that the same distress causes different diseases in different individuals. Thus, it is not enough to eat right to be healthy, we need to think right to be healthy.

### Explaining the Dynamics of ATP Synthesis with Nonlinear Physics

Let's go back to the fascinating report of Dr. Shoichie Toyabe et al. of Tohoku University in Japan [1] about the molecular dynamics of ATP synthesis. To synthesize energy and store it in ATP molecules, the proteins that catalyze the synthesis of energy-rich ATP molecules must spin clockwise to suck NEMF energy from the Space Matrix NEMF, just as our aura (biofield) does at positive emotion to give us the energy uplift felt as "being in high Spirit".

Now it becomes clear why the proteins catalyzing the synthesis of ATP molecules are not allowed to spin counterclockwise like an anti-vortex because the anti-vortices emit energy and if the proteins would spin counterclockwise, they would lose their NEMF energy back to the Space Matrix NEMF. I

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hope this explains why the proteins catalyzing the synthesis of energy-rich ATP molecules always spin only in clockwise direction – because this allows them to suck NEMF energy from the Space Matrix NEMF and store this energy through the synthesized energy-rich ATP molecules in the mitochondria of the living cells.

## **Conclusion**

Thus, it seems that all living beings use the energy of the Space Matrix NEMF and do it at many different levels: 1/ at cellular level, clockwise spinning proteins suck NEMF energy from the Space Matrix NEMF to catalyze the synthesis of the energy-rich ATP molecules, which store their energy in the mitochondria of the cells, and 2/ at body level, positive emotions, by making the aura (Spirit) to spin clockwise and suck NEMF energy from the Space Matrix NEMF, allows us to “feel in high Spirit” proving in this way that the aura is our Spirit.

After I reached the conclusion that the aura must be our Spirit, I found that the ancient Jewish Cabala was teaching to high priest that the aura is our Spirit. Thus, I discovered a well-forgotten ancient wisdom. My finding that the aura (Spirit) is emotional, and its presence in the body makes us emotional, helped me understand that our energy comes not only from food - positive emotions and positive way of thinking increase our body energy and balance it, which makes us healthier [2].

However, the concept of Space Matrix NEMF requires revision of our false believe that the world was created out of nothing – vacuum, which cannot be true because we speak about Black Holes and there cannot be holes in vacuum. Therefore, we need to change our paradigm that the space is vacuum. Durakievicz writes in [4] that the courage to say no to scientific paradigm, to question and refuse to accept the status quo, is essential to science ability to move forward. Science shouldn't be a solid building, but liquid river ready to change its course as new observations and new experiments fail to support the old paradigm.

In this article, it was shown how important the knowledge of nonlinear physics is for understanding the dynamics of the micro-and macro-world. This means that we need to include the teaching of nonlinear physics in the curriculums of all our universities. This is what the 21st century science requires. Nonlinear physics will not only bring understanding of the micro and macro world around us, it will bring an avalanche of new technologies based on nonlinear physics, which will tremendously boost the development of our civilization.

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