



Short Communication

Journal of MAR Dental Sciences (Volume 5 Issue 5)

Cosmetic Dentistry

Tamara Talib *.

Corresponding Author: Tamara Talib, Medical Director of a Cosmetic Dental Clinic.

Copy Right: © 2022 Tamara Talib, This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Received Date: May 31, 2022

Published Date: June 10, 2022

UAE

Cosmetic dentistry is a method of professional oral care that focuses on improving the appearance of patient teeth and restore them as well, we can treat stained, discolored, worn, chipped, broken, misaligned, misshapen teeth. Modern cosmetic dentistry can give our patients “smile makeover” to improves the appearance of our patients smile through one or more procedures. Now I will talk about various types of cosmetic dental procedures.

Implants: A dental implant is an artificial root made of titanium metal. It is inserted into the jawbone to replace the root of the natural tooth. An artificial replacement tooth is attached to the implant. The implant acts as an anchor to hold the replacement tooth in place. These implants are almost indistinguishable from the surrounding natural teeth. Once the bone and supporting tissue fuse to the implant, they are permanently secured into place. Patients need to practice diligent oral hygiene during and after implant procedure.

Dental Crowns, Inlays and Onlays: A crown is used when the whole visible part of the tooth needs to be repaired but the root of the tooth within the gum is healthy enough to be left intact. Inlays and onlays, are indirect fillings, which made from gold, porcelain, or composite materials and fill decayed or damaged teeth. They are created in a dental laboratory and bonded into place during an office visit. The filling is called an “inlay” when the material is bonded within the center of a tooth; it is called an “onlay” when the filling includes one or more points of the tooth or covers the biting surface. Inlays and onlays preserve as much healthy tooth as possible and are an alternative to crowns.

Inlays and Onlays, along with fillings and crowns are all kinds of restorative work by dentists to repair single damaged teeth, where a modifiable, hard-setting material is applied to a tooth and allowed to set in place.

Dental Veneers: Dental veneers are a possible solution to help the patient to achieve the perfect smile. They are a popular choice for those with chipped teeth, a gap between teeth, misshaped teeth or heavily non treatable discolored teeth. Dental veneers are thin custom-made shells of tooth-colored porcelain or resin that cover the front surface of the teeth. After removing about a half-millimeter of enamel from the tooth surface, then veneers bonded (cemented) to the front of the teeth, changing their color, shape, size, or length. Veneers are often called "Hollywood smile".

Dental Bonding: In dental bonding, a tooth-colored, putty-like resin, which is a durable plastic material, is applied to the tooth and hardened with an ultraviolet or laser light, bonding the material to the tooth. The dentist then trims, shapes, and polishes it. Bonding can repair decayed, chipped, cracked, or misshapen teeth; it is also a good cosmetic alternative to, or replacement for, amalgam or silver fillings. Bonding takes about 30 to 60 minutes.

Teeth Whitening: Teeth whitening can be one of the simplest and least expensive ways to improve the smile. Teeth can be bleached with in-office products by dentist, or home bleaching method using mold and gels. it's easy and fast way with perfect results it can give our patients 3 to 5 shades lighter.

Cosmetic Orthodontic Treatment: Orthodontics are not just for kids. More and more adults are seeking treatment from orthodontists for cosmetic purposes. If the patient have buck teeth or crooked teeth, orthodontic treatment is the best solution at the case. Orthodontics are not just for kids. More and more adults are seeking treatment from orthodontists for cosmetic purpose. If the patient have buck teeth or crooked teeth, orthodontic treatment will be the best solution in this case. Dentist must choose wisely the perfect method to each patient depend on his case.